

# Preoperative Skin Cleansing Instructions

**Your surgeon recommends washing with an antibacterial soap twice daily for at least three days prior to surgery. This reduces the risk of infection after surgery. Hibiclens brand antibacterial soap is recommended. It is an over the counter product available in a 4 ounce bottle similar to what is shown below.**

## When you bathe or shower:

- If you plan to wash your hair, do so with your regular shampoo. Then rinse hair and body thoroughly to remove any shampoo residue.
- Wash your face with your regular soap or water only.



Thoroughly rinse your body with water from the neck down.



Apply the minimum amount of Hibiclens necessary to cover the skin. Use Hibiclens as you would any other liquid soap. You can apply Hibiclens directly to the skin and wash gently with a clean cotton cloth.



Rinse thoroughly with warm water.

- Do not use your regular soap after applying and rinsing Hibiclens.
- Do not apply lotions or deodorants to the body areas.

**The fight against infection begins at home.**

Use only as directed.



1. Centers for Disease Control and Prevention. [www.cdc.gov/healthywater/body/index.html](http://www.cdc.gov/healthywater/body/index.html)



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